


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<u>1</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am Power Pilates 9:15-10:00am Booty Barre 5:15-6:00pm BOSU 6:15-7:00pm	<u>2</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>3</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am YogaLates 9:15-10:00am BOSU 5:15-6:00pm HIIT 6:15-7:00pm	<u>4</u> CYCLE 6:15-7:00am *No Pure Yoga Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>5</u> Booty Barre 8:15-9:00am
<u>6</u> PowerCore Pilates 9:15-10:00am	<u>7</u> Pure Yoga 8:00-9:00am BOSU 9:15-10:00am Power Pilates 5:15-6:00pm HIIT 6:15-7:00pm	<u>8</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am Power Pilates 9:15-10:00am Booty Barre 5:15-6:00pm BOSU 6:15-7:00pm	<u>9</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>10</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am YogaLates 9:15-10:00am BOSU 5:15-6:00pm HIIT 6:15-7:00pm	<u>11</u> CYCLE 6:15-7:00am *No Pure Yoga Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm *No Power Yoga	<u>12</u> Booty Barre 8:15-9:00am
<u>13</u> PowerCore Pilates 9:15-10:00am	<u>14</u> Pure Yoga 8:00-9:00am BOSU 9:15-10:00am Power Pilates 5:15-6:00pm HIIT 6:15-7:00pm	<u>15</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am Power Pilates 9:15-10:00am Booty Barre 5:15-6:00pm BOSU 6:15-7:00pm	<u>16</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>17</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am YogaLates 9:15-10:00am BOSU 5:15-6:00pm HIIT 6:15-7:00pm	<u>18</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>19</u> Booty Barre 8:15-9:00am
<u>20</u> PowerCore Pilates 9:15-10:00am	<u>21</u> Pure Yoga 8:00-9:00am BOSU 9:15-10:00am Power Pilates 5:15-6:00pm HIIT 6:15-7:00pm	<u>22</u> *No HIIT Class CYCLE 8:15-9:00am Power Pilates 9:15-10:00am Booty Barre 5:15-6:00pm BOSU 6:15-7:00pm	<u>23</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>24</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am YogaLates 9:15-10:00am BOSU 5:15-6:00pm HIIT 6:15-7:00pm	<u>25</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am *No PM Classes	<u>26</u> Booty Barre 8:15-9:00am
<u>27</u> PowerCore Pilates 9:15-10:00am	<u>28</u>  Memorial Day	<u>29</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am Power Pilates 9:15-10:00am Booty Barre 5:15-6:00pm BOSU 6:15-7:00pm	<u>30</u> CYCLE 6:15-7:00am Pure Yoga 8:00-9:00am Booty Barre 9:15-10:00am CYCLE 5:15-6:00pm Power Yoga 6:15-7:15pm	<u>31</u> HIIT 6:15-7:00am CYCLE 8:15-9:00am YogaLates 9:15-10:00am BOSU 5:15-6:00pm HIIT 6:15-7:00pm		