


Kids - November 2018

Schedule is subject to change; changes/cancellations are announced at class and by email.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Turkey Trot is our biggest class of the year! Make sure to register online before it fills up! The class is a combination of HIIT & PowerCore Pilates. We will end with a thankful mimosa toast!</p>				<u>1</u> Princeton Kids Kids Yoga TPS [Grades K-7] 3:00-4:00pm	<u>2</u>	<u>3</u>
<u>4</u>	<u>5</u> Sterling Kids Zumba/Yoga [Grades 1 & up] Chocksett 3:45-4:45pm	<u>6</u> <u>No Classes</u>	<u>7</u> Rutland Kids Zumba/Yoga at Glenwood [Grades 3,4,5] 3:45-4:45pm	<u>8</u> Princeton Kids Kids Yoga TPS [Grades K-7] 3:00-4:00pm	<u>9</u>	<u>10</u>
<u>11</u>	<u>12</u> <u>No Classes</u>	<u>13</u> Rutland Kids Zumba/Yoga at Naquag [Grades K-2] 3:45-4:45pm	<u>14</u> Rutland Kids Zumba/Yoga at Glenwood [Grades 3,4,5] 3:45-4:45pm	<u>15</u> Princeton Kids Kids Yoga TPS [Grades K-7] 3:00-4:00pm	<u>16</u>	<u>17</u>
<u>18</u>	<u>19</u> Sterling Kids Zumba/Yoga [Grades 1 & up] Chocksett 3:45-4:45pm	<u>20</u> Rutland Kids Zumba/Yoga at Naquag [Grades K-2] 3:45-4:45pm	<u>21</u> <u>No Classes</u>	<u>22</u>  9:00-9:45am Turkey Trot! <i>Register online</i>	<u>23</u>	<u>24</u>
<u>25</u>	<u>26</u> Sterling Kids Zumba/Yoga [Grades 1 & up] Chocksett 3:45-4:45pm	<u>27</u> Rutland Kids Zumba/Yoga at Naquag [Grades K-2] 3:45-4:45pm	<u>28</u> Rutland Kids Zumba/Yoga at Glenwood [Grades 3,4,5] 3:45-4:45pm	<u>29</u> Princeton Kids Kids Yoga TPS [Grades K-7] 3:00-4:00pm	<u>30</u>	