

## Kids - December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>New Saturday Morning Kids Classes!</b>  Barre/Yoga: 10:30–11:00, <u>Ages 6-12</u> Groove, Move & Soothe: 11:15–11:45, <u>Ages 2-5</u> (Parents must stay)  <i>Weekly Online Registration is Required for Kids' Classes</i>					<u>1</u>	<u>2</u>  <b>Barre/Yoga</b> 10:30-11:00  <b>Groove, Move &amp; Soothe</b> 11:15-11:45
<u>3</u>	<u>4</u>  <b>Sterling Kids</b> Zumba/Yoga at Houghton [Grades 1 and up] 3:45-4:45pm	<u>5</u>  <b>Rutland Kids</b> Zumba/Yoga at Naquag [Grades K-2] 3:45-4:45pm	<u>6</u>  <b>Rutland Kids</b> Zumba/Yoga at Glenwood [Grades 3-5] 3:45-4:45pm	<u>7</u>	<u>8</u>	<u>9</u>  <b>Barre/Yoga</b> 10:30-11:00  <b>Groove, Move &amp; Soothe</b> 11:15-11:45
<u>10</u>	<u>11</u>  <b>Sterling Kids</b> Zumba/Yoga at Houghton [Grades 1 and up] 3:45-4:45pm	<u>12</u>  <b>Rutland Kids</b> Zumba/Yoga at Naquag [Grades K-2] 3:45-4:45pm	<u>13</u>  <b>Rutland Kids</b> Zumba/Yoga at Glenwood [Grades 3-5] 3:45-4:45pm	<u>14</u>	<u>15</u>	<u>16</u>  <b>Barre/Yoga</b> 10:30-11:00  <b>Groove, Move &amp; Soothe</b> 11:15-11:45
<u>17</u>	<u>18</u>  <b>Sterling Kids</b> Zumba/Yoga at Houghton [Grades 1 and up] 3:45-4:45pm	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>  <b>Barre/Yoga</b> 10:30-11:00  <b>Groove, Move &amp; Soothe</b> 11:15-11:45
<u>24 / 31</u>	<u>25</u>  <b>Merry Christmas!</b>  	<u>26</u>  <u>No classes</u>	<u>27</u>  <u>No classes</u>	<u>28</u>	<u>29</u>	<u>30</u>  <b>Barre/Yoga</b> 10:30-11:00  <b>Groove, Move &amp; Soothe</b> 11:15-11:45

Fee: \$13.00 for drop-ins; discounts are available for monthly registration and family registration.

*Schedule is subject to change; changes/cancellations are announced at class and by email.*

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